



### Early Help Offer

'Early Help' describes the type of early intervention and support that can be provided when a child or young person's needs are not being met by routinely universal services, but they do not meet the threshold for specialist services or interventions such as Children's Social Care.

The Early Help Offer is about working with partners to help children, young people and families deal with their issues as early as possible; providing information, advice and services at the right time; supporting them to resolve their concerns as needs emerge. At Wetheringsett we offer a range of Early Help opportunities including:



### Early help strategies

If strategies used in class do not have a significant impact on the individual's wellbeing, the class teacher may plan for individual or small-group support.

Communicate with parents to share concerns and find out more about changes in the child's life and how the child presents at home.



'Check in' with the child on a regular basis to give them the time and opportunity to share their worries; Meet the child regularly to provide planned support, e.g. to improve self-esteem;

Work with the child in a small group, e.g. on developing friendships;

Arrange for the child to attend a lunch time nurture group, which is led by a staff member.

### Liaising with External Agencies

Where concerns about a child's wellbeing are very serious or internal school support has had limited or no impact, then the school will liaise with external professional agencies. As appropriate, Headteacher, DSL and ADSL's will consult with one another and agree the best approach. They may agree to undertake the following referrals:

- Referral / Agency
- School Nursing Team
- Common Assessment Framework (CAF) form with the parent in order to access multi-agency support and intervention from the Early Help Team
- Counselling through a paid-for service
- Primary Mental Health referral
- Letter for parent to take to GP
- Completing a MARF

### Helpful links

For online safety tips follow the Two Johns on

twitter:<https://twitter.com/johnsthe2>

<https://www.suffolk.police.uk/advice/gangs-information-and-advice>



<https://www.nspcc.org.uk/>

<https://www.lucyfaithfull.org.uk/parents-protect.htm>

<https://www.gingerbread.org.uk/> (single parent support charity)

<https://www.womensaid.org.uk/> (domestic violence support)

<https://www.leewaysupport.org/>

Childline: 0800 1111

Own school email address for child to contact