



	Year 1	Year 2
<p><b>Citizenship</b>  <b>One World (C1)</b>            Exploring family life, home and school and comparing to children from around the world. Looking at the relationship between people and their environment - using/protecting the Earth's resources  <i>Children's Mental Health Week</i></p> <p><b>Britain (C2)</b>            Communities - good neighbours, the environment. What it means to be British, diversity and celebrating/respecting our differences.</p>	<p>Responsibility</p> <ul style="list-style-type: none"> <li>• Rules</li> <li>• Caring for others: Animals</li> <li>• The needs of others</li> </ul> <p>Community</p> <ul style="list-style-type: none"> <li>• Similar, yet different</li> <li>• Belonging</li> </ul> <p>Democracy</p> <ul style="list-style-type: none"> <li>• Democratic decisions</li> </ul>	<p>Responsibility</p> <ul style="list-style-type: none"> <li>• Rules beyond school</li> <li>• Our school environment</li> <li>• Our local environment</li> </ul> <p>Community</p> <ul style="list-style-type: none"> <li>• Job roles in our local community</li> <li>• Similar yet different: My local community</li> </ul> <p>Democracy</p> <ul style="list-style-type: none"> <li>• School Council</li> <li>• Giving my opinion</li> </ul>
<p><b>Economic wellbeing</b>  <b>Aiming High (C1)</b>            High aspirations, positive views, positive learning attitudes, aspirations for the future, with regard to employment and personal goals and what they are looking forward to about their learning next year</p> <p><b>Money Matters (C2)</b>            Where money comes from and how it can be used, spending and saving, difference</p>	<p>Money</p> <ul style="list-style-type: none"> <li>• Introduction to money</li> <li>• Looking after money</li> <li>• Banks and building societies</li> <li>• Saving and spending Career and aspirations</li> <li>• Jobs in school</li> </ul>	<p>Money</p> <ul style="list-style-type: none"> <li>• Where money comes from</li> <li>• Needs and wants</li> <li>• Wants and needs</li> <li>• Looking after money Career and aspirations</li> <li>• Jobs</li> </ul>



<p>between what we want and what we need.</p>		
<p><b>Family and relationships VIPs (C1)</b>        VIPs in our lives, positive relationships, importance of families and friendships, resolving differences and building healthy and positive relationships within them.</p> <p><b>Respecting Rights (C2)</b>        Explore the concepts of difference and fairness and reflection on how we should behave towards those who are different from us.</p>	<ul style="list-style-type: none"> <li>• Introduction to RSE</li> <li>• What is family?</li> <li>• What are friendships?</li> <li>• Family and friends help and support each other</li> <li>• Making friends</li> <li>• Friendship problems</li> <li>• Healthy Friendships</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to RSE</li> <li>• Families offer stability and love</li> <li>• Families are all different</li> <li>• Managing friendships</li> <li>• Unhappy friendships</li> <li>• Valuing me</li> <li>• Manners &amp; courtesy</li> <li>• Loss and change</li> </ul>
<p><b>Safety and the changing body Growing Up (C1)</b>        How we grow and change, both physically and emotionally, own and others' bodies, looking at similarities and differences in people and learning about gender stereotypes.</p> <p><b>Safety First (C2)</b>        Everyday dangers, in the home and outside and how they can keep themselves safe</p> <p><b>RSE Drugs and alcohol</b></p>	<p>Getting lost</p> <ul style="list-style-type: none"> <li>• Making a call to the emergency services</li> <li>• Asking for help</li> <li>• Appropriate contact</li> <li>• Medication</li> <li>• Safety at home</li> <li>• People who help to keep us safe</li> </ul>	<p>The Internet</p> <ul style="list-style-type: none"> <li>• Communicating online</li> <li>• Secrets and surprises</li> <li>• Appropriate contact</li> <li>• Road safety</li> <li>• Drug education</li> </ul>



**Health and wellbeing**

**Be Yourself (C1)**

Confidence to 'be yourself', recognising positive qualities & appreciating individuality, recognising different emotions & exploring strategies to help manage feelings they experience.

*Anti-Bullying Week/ Road Safety Week*

**It's My Body (C1)**

Choices that children can make about looking after their bodies. - body, sleep and exercise, diet, cleanliness and substances.

**RSE Differences**

Importance of cooperation and how to show special people in their lives that they care .

**RSE growing and caring for ourselves**

Respecting their own and others' bodies, keeping their bodies safe and sharing their feelings in response to life experiences.

- Wonderful me
- What am I like?
- Ready for bed
- Relaxation
- Hand washing & personal hygiene
- Sun safety
- Allergies
- People who help us stay healthy

- Experiencing different emotions
- Being active
- Relaxation
- Steps to success
- Growth mindset
- Healthy diet
- Dental health